

North West London Jewish Day School
Skills Development Chart

Nursery/Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Learn to perform basic movements (running, jumping, skipping, throwing, and catching)</p> <p>Learn to follow basic instructions and rules to games.</p> <p>Learn how to use teamwork.</p> <p>Learn how to move in time with music and repeat basic dance patterns.</p> <p>Learning to control and move different objects</p>	<p>Learn to perform basic movements (running, jumping, skipping, throwing, and catching)</p> <p>Learn to follow basic rules and tactics to games.</p> <p>Learn how to use teamwork.</p> <p>Learn how to move in time with music and perform a short dance routine.</p>	<p>Start to master basic movements</p> <p>Learning basic ball striking.</p> <p>Learn to follow basic rules and tactics to games.</p> <p>Learn to compete and keep score in games.</p> <p>Learn how to use teamwork.</p> <p>Learn how to move in time with music and perform a short dance routine with a pattern.</p> <p>Learning correct vocabulary in sports.</p>	<p>Master basic movements.</p> <p>Learning basic ball striking.</p> <p>Learn to follow basic rules and tactics to games.</p> <p>Starting to learn new sports.</p> <p>Use teamwork to win games.</p> <p>Learn how to move in time with music and perform a short dance routine with a pattern.</p> <p>Learning correct vocabulary in sports.</p>	<p>Use different movements to compete in a range of sport.</p> <p>Play competitive games use different tactics.</p> <p>develop flexibility, strength, technique, control, and balance.</p> <p>compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p> <p>Learning correct vocabulary in sports.</p>	<p>Use a range of different movements to attack and defend.</p> <p>Play competitive games use different tactics and rules.</p> <p>develop flexibility, strength, technique, control, and balance.</p> <p>Measure and time performances to track progress.</p> <p>Use correct technique to perform task in sports.</p> <p>Use correct vocabulary in all sports.</p>	<p>Use a range of different movements to attack and defend.</p> <p>Play competitive games use different tactics and rules.</p> <p>develop flexibility, strength, technique, control, and balance.</p> <p>Measure and time performances to track progress.</p> <p>Use correct technique to perform task in sports.</p> <p>Use correct vocabulary in all sports.</p>