

**NORTHWEST**

LONDON JEWISH DAY SCHOOL

Striving to achieve excellence for all

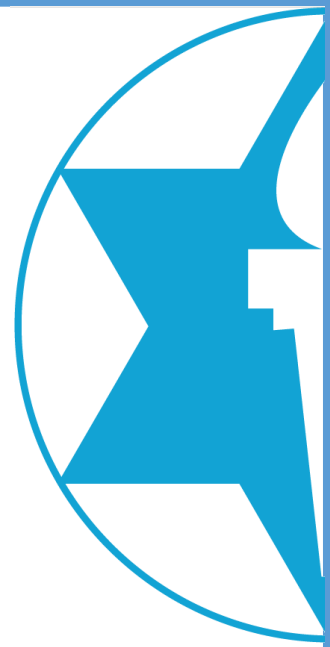


**A LEADERSHIP, SKILLS, CHARACTER  
DEVELOPMENT AND PERSONAL  
GROWTH PROGRAMME FOR CHILDREN  
AT NWLJDS**





# THE NORTH WEST AWARD



## WHAT IS IT?

The North West Award is a leadership and character development programme, designed to enhance a child's personal growth and understanding of the world around them.

It offers an exciting opportunity for our young people to:

- ⇒ Engage in new learning experiences
- ⇒ Grow in leadership skill
- ⇒ Develop character and key life skills
- ⇒ Discover the benefits of helping others

The Award helps to empower our children to 'be the change you want to see'.



By taking part in communal and self-directed activities, they will build on their leadership, growth mindset, character development, personal wellbeing, motivation and communal cohesion skills.



## HOW CAN I EARN THE AWARD?

This is achieved through the 4 stages of the Award which are:

- ⇒ Personal development
- ⇒ Supporting of others
- ⇒ Supporting of others in the local community
- ⇒ Social action project

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## HOW DOES THIS PROJECT HELP DEVELOP KEY SKILLS?

*Leadership:* Team work, communication, negotiation, creative thinking and initiative. The projects provide practical opportunities for pupils to practise these skills.

*Character Development:* Compassion, humility, self-control and self-motivation.

*Growth Mindset:* Independent learning, development of key life skills and fosters a 'can do' attitude.

*Personal Wellbeing:* empathy, resilience, self-awareness, confidence, and emotional intelligence.



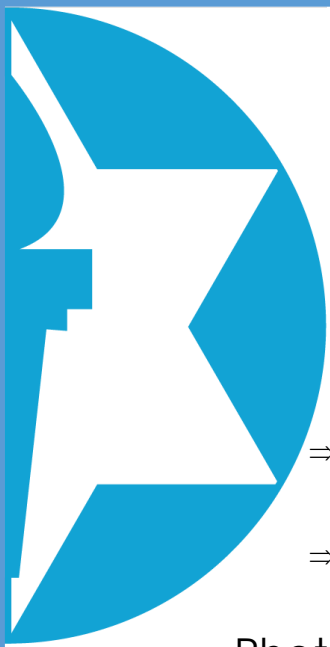
*Motivation:* Helping others through volunteering and social action.

*Communal Cohesion:* Tolerance and respect for others, concern for others, positive development of school relationships within the community.



## WHO IS THE AWARD FOR?

The Award is open to all children at NWLJDS in Year 3 and upwards and can be started at any point during this time.



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## HOW DOES IT WORK?

- ⇒ For each of the first 3 stages, children will need to complete 30 hours of 'skills'.
- ⇒ Each hour completed must be dated and signed by a parent or carer.
- ⇒ Photographic evidence of the skills must be attached to the completed time sheet.
- ⇒ Children can only work on one stage at a time and must submit their completed time sheet before moving on to the next stage.
- ⇒ When the first 3 stages are completed, children will then move onto the final stage, the Social Action Project.
- ⇒ The Social Action Project involves creating an action plan, rationale behind the project and impact statement. Further details will be provided in The Social Action Project Pack given to children when they reach this stage.

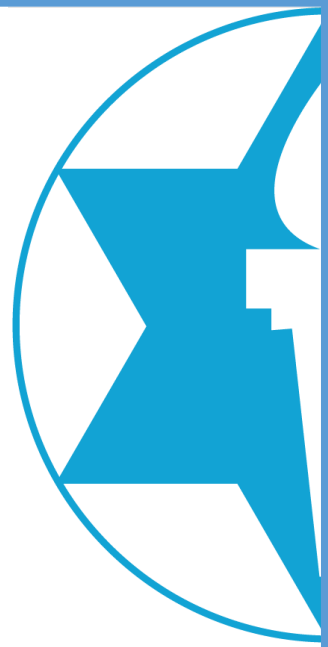
## WHAT SKILLS CAN I WORK ON?

Below are some ideas, but feel free to come up with your own!

PERSONAL DEVELOPMENT	SUPPORTING OTHERS	SUPPORTING OTHERS IN THE COMMUNITY	SOCIAL ACTION PROJECT
<ul style="list-style-type: none"> <li>◆ Swimming</li> <li>◆ Dancing</li> <li>◆ Playing sport</li> <li>◆ Learning / playing an instrument</li> <li>◆ Art</li> <li>◆ Drama</li> <li>◆ Singing</li> <li>◆ Sewing</li> <li>◆ Learning another language</li> <li>◆ Dance</li> <li>◆ Rock climbing</li> <li>◆ Self-defence</li> <li>◆ Cooking</li> <li>◆ Baking</li> <li>◆ Photography</li> <li>◆ Cycling</li> </ul>	<ul style="list-style-type: none"> <li>◆ Hoovering</li> <li>◆ Tidying up</li> <li>◆ Playing with siblings</li> <li>◆ Mowing the lawn</li> <li>◆ Washing the car</li> <li>◆ Doing the dishes</li> <li>◆ Setting / clearing the table</li> <li>◆ Taking pet for a walk</li> <li>◆ Washing pet</li> <li>◆ Washing the floor</li> <li>◆ Putting the shopping away</li> <li>◆ Doing the laundry</li> </ul>	<ul style="list-style-type: none"> <li>◆ Visiting old age home</li> <li>◆ Volunteering at soup kitchen</li> <li>◆ Help run Children Service at Shul</li> <li>◆ Help set up / clear up Kiddush at Shul</li> <li>◆ Make / bake food for those in need</li> <li>◆ Clothes donations to charity</li> <li>◆ Toy donations to charity</li> <li>◆ Book donations to charity</li> <li>◆ Help an elderly neighbour</li> <li>◆ Help a younger child with their homework</li> <li>◆ Write letters of thanks to members of the armed forces</li> <li>◆ Donate food to a food bank</li> </ul>	<ul style="list-style-type: none"> <li>◆ Arrange a fundraising event</li> <li>◆ Sell items / make things to raise money for a local charity</li> <li>◆ Campaign against prejudice / racism</li> <li>◆ Awareness campaign on an issue of interest</li> <li>◆ Hampers for the NHS</li> </ul>



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## TIME SHEET

NAME:

YEAR GROUP:

STAGE (circle the correct stage):

*Personal development*

*Supporting of others*

*Supporting of others in the local community*

Date and sign in each box to indicate each hour 'skill' completed in the Stage


**Skills developed in this Stage:** (please write below)