North West London Jewish Day School - PPA Termly Overview (Spring)

	Early Years/Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Week 1	Gymnastics Shapes & Jumps Straight & Tuck	Gymnastics Balances Front & Back Arabesque	Gymnastics Rolls Roll Back & Forward	Gymnastics Vaulting Bunny Hops	Gymnastics Strength & Flexibility Bridge & Lumbar Fold	Gymnastics Routines
Week 2	Gymnastics Shapes & Jumps Star & Pike	Gymnastics Balances Spider & Crab Walk	Gymnastics Rolls Forward Roll	Gymnastics Vaulting Straight & Tuck	Gymnastics Strength & Flexibility Half & Full Spin	Gymnastics Routines
Week 3	Gymnastics Shapes & Jumps Straddle & Bunny Hops	Gymnastics Balances Half Lever & V-sit Hold	Gymnastics Rolls Backward Roll	Gymnastics Vaulting Star	Gymnastics Strength & Flexibility Stag & Split Leap	Gymnastics Routines
Week 4	Gymnastics Shapes & Jumps Front & Back Support Half/Full Turn	Gymnastics Balances Tucked Headstand & Shoulder Stand	Gymnastics Rolls Teddy Bear Roll	Gymnastics Vaulting Hurdle	Gymnastics Strength & Flexibility Side Chasse & Sissone	Gymnastics Routines
Week 5	Gymnastics Shapes & Jumps Dish & Arch Scissor & Cat	Gymnastics Balances Y-balance	Gymnastics Rolls Egg & Log Roll	Gymnastics Vaulting Straddle	Gymnastics Strength & Flexibility Straddled Bunny Hops	Gymnastics Routines
Week 6	Gymnastics Shapes & Jumps Bridge & Spring Off	Gymnastics Balances Handstand	Gymnastics Rolls Cartwheel	Gymnastics Vaulting Handstand	Gymnastics Strength & Flexibility Japana & Shuttles	Gymnastics Routines
			6 Week Assessment	6 Week Assessment	6 Week Assessment	6 Week Assessment
Week 7	Multi Skills Communication Games	Multi Skills Communication Games	Cricket – Bowling Technique Basketball - Dribbling	Cricket – Batting Timing & Direction Basketball – Retaining Possession	Cricket – Shot Selection Basketball – Dribble To Score	Cricket – Batting & Bowling
Week 8	Multi Skills Communication Games	Multi Skills Communication Games	Cricket – Batting Technique Basketball - Passing	Cricket – Bowling Line & Length Basketball - Shooting	Cricket – Line, Length & Speed Basketball – Shooting & Rebounding	Cricket – Nets Session
Week 9	Multi Skills Maths Games	Multi Skills Maths Games	Cricket - Batting & Bowling Basketball - Shooting	Cricket – Fielding Reactions Basketball – Attack Vs Defence	Cricket – Fielding Close & Outfield Basketball – Transition Play	Cricket – Tactical Games
Week 10	Multi Skills Maths Games	Multi Skills Maths Games	Cricket – Fielding Skills Basketball - Possession	Cricket - Outfield Basketball – Rules/Positions	Cricket – Nets With Fielding Basketball – Keeping Possession	Cricket – Scenario Games
Week 11	Multi Skills Team Games	Multi Skills Team Games	Cricket – Small Games Basketball – Attack Vs Defence	Cricket – Paired Games Basketball – Small Games	Cricket – Kwik Cricket Basketball – Small Games	Cricket – Paired Games
Week 12	Multi Skills Team Games	Multi Skills Team Games	Cricket - Matchplay Basketball - Matchplay	Cricket - Matchplay Basketball - Matchplay	Cricket - Matchplay Basketball - Matchplay	Cricket - Matchplay
	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment