North West London Jewish Day School - PPA Termly Overview (Autumn)

	Early Years/Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Week 1	Balls Skills & Warm Up Games Throwing & Catching	Balls Skills & Warm Up Games Kicking For Targets	Football - Dribbling Hockey – Passing & Receiving	Football - Dribbling Hockey – Pass To Score	Football – Dribbling & Turning Hockey - Dribbling	Hockey - Dribbling
Week 2	Balls Skills & Warm Up Games Kicking & Striking A Ball	Balls Skills & Warm Up Games Travelling With A Ball	Football - Passing Hockey - Dribbling	Football – Attack Vs Defence Hockey – Retaining Possession	Football – Keeping Possession Hockey - Passing	Hockey - Passing
Week 3	Balls Skills & Warm Up Games Controlling A Ball	Balls Skills & Warm Up Games Throwing A Ball	Football - Possession Hockey – Attacking At Pace	Football - Possession Hockey – Creating Space	Football – Decision Making Hockey - Possession	Hockey – Attack V Defence
Week 4	Balls Skills & Warm Up Games Tracking A Ball	Balls Skills & Warm Up Games Throwing At Targets	Football - Control Hockey – Creating Space	Football – Game Awareness Hockey – Attack Vs Defence	Football – Tactical Awareness Hockey – Attack Vs Defence	Hockey - Possession
Week 5	Balls Skills & Warm Up Games Rolling For Targets	Balls Skills & Warm Up Games Target Hoops	Football – Small Games Hockey – Small Games	Football – Small Games Hockey – Small Games	Football – 1v1 Hockey – Small Games	Hockey – Small Games
Week 6	Balls Skills & Warm Up Games Bouncing A Ball	Balls Skills & Warm Up Games Small Sided Games	Football - Matchplay Hockey - Matchplay	Football - Tournament Hockey - Matchplay	Football - Matchplay Hockey - Matchplay	Hockey - Tournament
	6 Week Assessment	6 Week Assessment	6 Week Assessment	6 Week Assessment	6 Week Assessment	6 Week Assessment
Week 7	Footwork & Coordination Fitness Changing Speeds	Footwork & Coordination Fitness Changing Speed & Direction	Tag Rugby – Ball Handling Handball - Strokes	Tag Rugby – Passing & Ball Handling Handball - Serving	Tag Rugby - Passing Handball - Shots	Tag Rugby – Ball Handling
Week 8	Footwork & Coordination Fitness Turning	Footwork & Coordination Fitness Turning With A Ball	Tag Rugby - Passing Handball - Serving	Tag Rugby – Attack Vs Defence Handball - Strokes	Tag Rugby – Creating Overloads Handball - Serving	Tag Rugby – Attacking Plays
Week 9	Footwork & Coordination Fitness Straight Line Running	Footwork & Coordination Fitness Individual & Relay	Tag Rugby – Attack Vs Defence Handball - Shots	Tag Rugby – Tactical Awareness Handball - Shots	Tag Rugby – Attack V Defence Handball - Strokes	Tag Rugby – Attack Vs Defence
Week 10	Footwork & Coordination Fitness Reaction	Footwork & Coordination Fitness Skipping	Tag Rugby – Rules/Tactics Handball – Weak Hand	Tag Rugby – Creating Overloads Handball – Strategies & Tactics	Tag Rugby – Conditioned Games Handball – Weak Hand	Tag Rugby - Scenarios
Week 11	Footwork & Coordination Fitness Changing Direction	Footwork & Coordination Fitness Running Circuits	Tag Rugby – Small Games Handball – Strategies & Tactics	Tag Rugby – Understanding Laws Handball – Weak Hand	Tag Rugby – Game Management Handball – Strategies & Tactics	Tag Rugby - Officiating
Week 12	Footwork & Coordination Fitness Speed, Agility & Quickness	Footwork & Coordination Fitness Reactions	Tag Rugby - Matchplay Handball - Matchplay	Tag Rugby - Matchplay Handball - Matchplay	Tag Rugby - Matchplay Handball - Matchplay	Tag Rugby - Matchplay
	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment	End Of Term Assessment